

**MAYFLOWER MUNICIPAL HEALTH GROUP
DRAFT MINUTES OF GENERAL MEETING
March 11, 2020 9:00 A.M.
Lakeside Villa
550 Monponsett Street
Halifax, MA. 02338.**

Attendees:

Michael Levy, Chairman of General Board -Town of Bridgewater
Kimberly Williams, Town of Bridgewater
Ray Ledoux, Brockton Area Transit
Scott Alfonse, Greater New Bedford RRMD
Mark Sousa, Greater Attleboro Taunton Regional Transit Authority
Charlie Seelig, Town of Halifax
Lincoln Heineman, Town of Hanover
Stacey Reed, Town of Hanson
John Stanbrook, Town of Hanson
Michael Buckley, Town of Hull
Tina Betti, Town of Kingston
Michael Maresco, Town of Marshfield
Danielle Kerrigan, Town of Marshfield
Michelle Labadini, Norfolk County
Michael Laliberte, North River Collaborative
Marcine Fernandes, Onset Fire District
Mary McCoy, Onset Fire District
Kathleen McCarthy, Town of Pembroke
Frank Basler, Plymouth County
Cynthia Mello, Town of Rochester
Suzanne Szyndlar, Town of Rochester
Christine Healy, Silver Lake Regional
Rick Reino, South Shore Educational Collaborative
Laurie Croke, South Shore Regional Emergency Communications Center
Aaron Smith, South Shore Regional Emergency Communications Center
Kristen Sniezek, SRTA
Thomas Hickey, South Shore Vocational Technical
Derek Sullivan, Town of Wareham
Wendy Lemieux, Wareham Fire District
Scott Golder, Town of West Bridgewater
Maureen Adams, Town of West Bridgewater
Frank Lynam, Town of Whitman
Mary Beth Carter, Town of Whitman
Mary Jo Lipson, Whitman-Hanson Regional School District
Lisa Green, Town of Whitman
Kevin Powell, Plymouth County Retiree
Thomas J. O'Brien, MMHG Treasurer
Sheila Avery, MMHG
Kelly Morse Perez, MMHG
Diane Laflash, Gallagher Benefits Solutions
Tanya Chakmakian, Blue Cross Blue Shield of Massachusetts
Bill Hickey, Harvard Pilgrim Health Care
John Sciara, Professional Fire Fighters of Massachusetts
Kevin Feeley, MMHG Legal Counsel
Patrick Della Russo, Town of Marshfield
Joseph McCarthy, Charter Management

Chairman Levy called the meeting to order at 9:20 a.m. with a quorum present.

1. **Accept Meeting Minutes**

MOTION: Lynam made a motion to accept the June 20, 2019 meeting minutes.

SECOND: DSullivan

VOTE: Unanimous

2. **Other business-Covid-19**

Chakmakian stated all health insurance carriers are taking covid-19 very seriously. She said Blue Cross is removing any member cost share related to covid-19 including but not limited to office visit copay, telehealth copay, and deductibles. She explained they removed prior authorizations and any restrictions on early prescription refills. She said Blue Cross has closed one of its locations and employees are equipped to work from home. She stated press releases and news coverage have been widespread and all of the information will be posted on their website. She said they are also discouraging any large gatherings.

Bill Hickey said Harvard Pilgrim is removing member cost share for all covid-19 related claims and all telehealth copays. He said Harvard Pilgrim decided not to send out individual mailings to members as this could potentially overwhelm the system.

Chairman Levy said the Steering Committee voted this morning to remove cost share for all covid-19 related claims. He said this is the prudent thing to do at this time as the insurance carriers are waiting for guidance from the Division of Insurance on if this will be mandated for self-insured health plans.

Chairman Levy stated the Steering Committee also voted to recommend to member units they cancel all in person wellness events and health fairs. He stated it is up to member units if they want to cancel their health fairs as they may have issues with vendors being able to attend.

3. **MMHG Wellness Review**

Avery stated we had a great 7 months of the wellness program with over 30 insurance carrier sponsored webinars and seminars. She said we've had over 44 excise classes and 17 regional seminars including cooking demonstrations. She stated we just finished the heart healthy challenge with 181 participants from 21-member units traveling 55,000 miles. She explained the wellness newsletter is being mailed out this week to all members. She explained we will be cancelling a lot of in person upcoming programs and have to really modify our wellness program and switch to more online offerings due to covid-19. She stated all cancellations and new programs will be posted on our website and sent to members via email.

4. **Treasurer's Report Audit Update**

Treasurer O'Brien said the vote the Steering Committee took this morning to cover the member cost share will cost MMHG money as we have to pay for it.

Treasurer O'Brien stated the FY19 draft audit was received and it is a very good audit with no material weaknesses. He said we have \$23.6 million fund balance as of June 30, 2019. He said the final audit will be emailed and posted on our website.

Treasurer O'Brien reviewed his financial report handout stating we have \$2,552,954.95 in net revenue for FY20, through January 31, 2020. He said our investment income and interest income are tracking well through January 31, 2020. He said we are in uncertain times but the MMHG is in a good financial position to be able to cover potential increased costs of covid-19. He said we have \$26.2 million in net assets as of January 31, 2020.

Treasurer O'Brien said we have a conservative investment portfolio and we were only down 1.7% from the end of February through yesterday.

5. **Gallagher Update- Funding Analysis (claims paid through January, 2020)**

Laflash reviewed the funding analysis handout showing claims paid through January, 2020. She said we have 94.2% loss ratio for the active plans and Medex is running 96.4% loss ratio. She explained we are trending well. She explained that the new high deductible health plans are not shown on this page individually but the expenses are included with the benchmark plans. She said the high deductible plans do not have a high enough enrollment in order to protect any HIPAA privacy concerns. She said if anyone has questions about the report they can call her anytime.

Laflash gave an update on the Group Insurance Commission FY21 plans and rates. She stated the increases are between 3%-7.6%. She said she will send this out in email format so everyone can review.

6. **Board Voting Conflict/Disclosure**

Attorney Feeley said an inquiry was placed to the Ethics Commission regarding the Cape Cod Municipal Health Group. He said the question was if you are on a joint purchase group board and you are voting on issues related to premiums, benefits, networks, etc. is it a financial conflict of interest issue. He said the Ethics Commission concluded it is possibly an issue and did give a cure to the potential defect. He said members can file a section 19 disclosure form with your appointing authority and explained Avery has emailed the draft form. He said it is a simple 2-page form to fill out and you just fill in that you are on a board and maybe asked to vote on benefits, cost sharing etc. and you are on the health insurance. He explained if you are not on the MMHG health insurance you do not have a conflict and the form is not needed. He said he recommends at this time we comply with the Ethics Commission suggestion to file section 19 forms. He said the form is filed with your appointing authority and kept on file in your member unit. He said if anyone needs help with the form or has any question to please call him and gave out his cell phone number.

Reino asked if we just file it in our office or do we have to give it to the district clerks as he represents a collaborative. Feeley said it should be kept on file with the public records officer/clerk.

7. **Opioid Tort lawsuit update**

Attorney Feeley said the opioid litigation is ongoing and we get regular updates on the status. He said many bankruptcies are being filed at this time. He stated the firm representing MMHG is one of the leading firms in the country. He said he doesn't see short term gain but will have a better idea in 6-12 months of any potential settlements.

8. **Renewal information and rate recommendation**

Chairman Levy said the renewal and rate recommendation information is in the handouts and explained the Steering Committee and Finance Committee voted unanimously to recommend a 2% increase. He asked if anyone has any questions.

Seelig said he was at the Steering Committee meeting and heard the alternative to subsidizing rates with some sort of rate holiday. He said we don't know what our experience will look like in the next year. He said we are artificially lowering the rates and have to realize we may be looking at higher number next march for FY22.

MOTION: Lynam made a motion to have a 2% rate increase for all active plans putting an estimated \$3,039,048 at risk from the reserves.

SECOND: Maresco

VOTE: Unanimous

Ledoux asked about the Delta Dental plan rates. Avery said the Delta Dental is a fully insured plan and the plan renewal shows a 2% increase. She said all of the MMHG rates will be included on the rate sheet that will be sent out today.

Lynam motioned to adjourn at 9:50 a.m., seconded by Ledoux and voted unanimously.

Respectfully submitted,

Sheila Avery

Reference documents for this meeting:

- 1) Gallagher's funding analysis, (claims paid through January 31, 2020)
- 2) Treasurer's Operating Statement and Statement of New Assets, dated January 31, 2020
- 3) Gallagher's FY21 Health insurance renewal-active plans
- 4) Gallagher's FY21 Draft rate recommendation
- 5) MMHG Wellness upcoming webinars